

Student ID: _____

Student Name: _____

Advisor Name: _____

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Catalog: 2023-2024 CATALOG

Program Name: Planner for Explore Health and Human Services

PLANNER FOR EXPLORE HEALTH AND HUMAN SERVICES

TOTAL CREDIT HOURS: 60

PURPOSE: The courses in this planner are designed to lead students to a major listed. The listed majors may prepare for career entry or for transfer to four-year colleges. Students who are interested in a Career Entry Major but intend to transfer to a four-year college must consult with Academic Advising and may need to follow a transfer agreement (see Transfer Services).

CODE: AA.TRANSFER.HEA-HUS

Career Entry Majors (A.A.S and A.S.)

- Addiction Counseling
- Dental Hygiene
- Histotechnician
- Human Services
- Massage Therapy
- Medical Assisting
- Medical Laboratory Technician
- Nursing
- Paramedic
- Physical Therapist Assistant
- Radiologic Technology
- Surgical Technology

Transfer Majors (A.S.)

- Kinesiology
- Public Health

Note: For information about Health and Human Services Programs

1. Visit our website aacc.edu/about/schools-of-study/health-sciences/.
2. Attend information sessions for programs that interest you.
3. Meet with a Health and Human Services academic advisor.

TERM 1

COURSE NAME		CREDITS	TERM TAKEN	GRADE
ENGLISH	Choose one English course from the following: • ENG-101 - Academic Writing and Research 1 • ENG-101A - Academic Writing and Research 1	3 Credit Hours		
MATHEMATICS	Choose one Mathematics course from the following: Choose one course from this group if interested in these majors: <i>Addiction Counseling, Human Services, Massage Therapy, Medical Assisting, Health Information Technology, Surgical Technology, Kinesiology</i> • MAT-100 -The Nature of Mathematics • MAT-133 - Finite Mathematics • MAT-135 - Statistics Choose this course from this group if interested in: <i>Public Health or Paramedic</i> • MAT-135 - Statistics Choose this course from this group if interested in these majors: <i>Medical Laboratory Technician, Physical Therapist Assistant, Radiologic Technology, Nursing, Dental Hygiene</i> • MAT-137 - College Algebra Choose course from this group if interested in: <i>Histotechnician</i> • MAT-135 - Statistics • MAT-137 - College Algebra	3 Credit Hours		

COURSE NAME		CREDITS	TERM TAKEN	GRADE
PSYCHOLOGY / SOCIOLOGY / ARTS AND HUMANITIES	Choose PSY-111 – Introduction to Psychology if interested in: <i>Addiction Counseling, Kinesiology, Histotechnician, Human Services, Massage Therapy, Medical Assisting, Nursing, Physical Therapist Assistant, Public Health, Surgical Technology, Dental Hygiene.</i> Choose SOC-111 – Introduction to Sociology if interested in: <i>Kinesiology, Histotechnician, Massage Therapy, Medical Laboratory Technician, Paramedic, or Radiologic Technology.</i> OR Choose one Arts and Humanities GER Course Choose COM-111 – Fundamentals of Oral Communication if interested in: <i>Human Services, Kinesiology, Medical Assisting, Public Health, or Dental Hygiene.</i>	3 Credit Hours		
	Choose one Biology course from the following: <i>Consult with an advisor about transferability</i> Choose this course if interested in: <i>Public Health or Kinesiology</i> - BIO-101 - Fundamentals of Biology Choose a course from this group if interested in: <i>Addiction Counseling or Human Services</i> - BIO-101 - Fundamentals of Biology - BIO-230 - Structure and Function of the Human Body Choose a course from this group if interested in: <i>Surgical Technology, Nursing, Medical Laboratory Technician, Physical Therapist Assistant, Radiologic Technology, or Dental Hygiene.</i> - BIO-101 - Fundamentals of Biology - BIO-231 - Human Biology 1 Choose a course from this group if interested in: <i>Histotechnician, Massage Therapy, Medical Assisting, Paramedic</i> - BIO-230 - Structure and Function of the Human Body	4 Credit Hours		
	Choose one EXPLORE course from the following: Note: Each Explore course will meet a requirement only in the major(s) listed next to it. - CHE-111 - General Chemistry 1 (Medical Laboratory Technician, Histotechnician) - MDA-113 - Medical Terminology (Public Health, Medical Assisting, Surgical Technology, Massage Therapy) - HEA-101 - Foundations of Health, Exercise and Sport (Kinesiology) - MAS-100 - Introduction to Massage (Massage Therapy) - HUS-101 - Human Service and Addiction Counseling Ethics in Practice (Addiction Counseling and Human Services) - PHB-101 - Introduction to Public Health (Public Health)	3-4 Credit Hours		

TERMS 2-4

Below are the 43-44 credit hours of course requirements that should be met during Terms 2-4.

Majors in the Health and Human Services Field of Interest have specific and varied course requirements. To determine requirements that should be met during Terms 2-4, students must (1) attend an Information Session and (2) meet with a Health and Human Services academic advisor.

3 credits of English general education requirement Composition and Introduction to Literature 2 (if students have not taken ENG-121), 3 credits of Health/Fitness/Wellness general education requirement, 3 credits of Computer Technology/Computer Competency Requirement, 3 credits of Social & Behavioral Science general education requirement (other than discipline taken in Term 1), 3 credits of Biological & Physical Sciences general education requirement (including one lab), 6 credits of Arts & Humanities general education requirement (two different disciplines), 12 credits from a single discipline, and electives. (Students must take the amount of elective credits to achieve a minimum of 60 credits that are required for this degree.)